



OUR LADY OF GOOD COUNSEL SCHOOL

8601 WOLFTRAP ROAD
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August 2009

Dear Parents,

Throughout the school year, your child's safety and health is of paramount importance. This year, as the flu season approaches, with particular concerns about H1N1, I personally would like to reassure you that our school is taking necessary precautions to ensure the health of the students.

As you know, we have a registered nurse, who is equipped to assist if children have flu-like symptoms. In accord with the Center for Disease Control (CDC) recommendations, the common office spaces, including desktops, doorknobs and water fountains, will be thoroughly cleaned and disinfected. Please assist in the effort to prevent the spread of the flu by helping your child follow these CDC guidelines:

- **If your child is experiencing influenza-like symptoms (fever with a cough or sore throat) please contact your doctor. Please do not send your child to school.**
- **If your child has these symptoms please keep him or her out of school for at least seven (7) days, even if symptoms resolve sooner. If he or she is still sick after the seven (7) day period, remain at home until at least 24 hours after all symptoms have resolved.**
- **If your child has symptoms, he or she should not be out in the community except to seek medical care.**
- **Please remind your child of the importance of covering your nose and mouth when coughing or sneezing.**

Your child's well-being is always our first concern. Please be on the lookout for flu-like symptoms and contact your doctor immediately if they appear. Also, please do not hesitate to contact me if you would like more information.

Sincerely,

Austin S. G. Poole
Principal

